



**Family Nurturing  
Center of Texas**

The Family Nurturing Center of Texas trains and supports trainer and facilitators in the Nurturing Parenting Program, a trauma-formed and evidenced-based program.

Incorporated in 1983, Family Development Resources, Inc. (FDR) was established by Dr. Stephen Bavolek, the founder and researcher of the Nurturing Parenting Program.

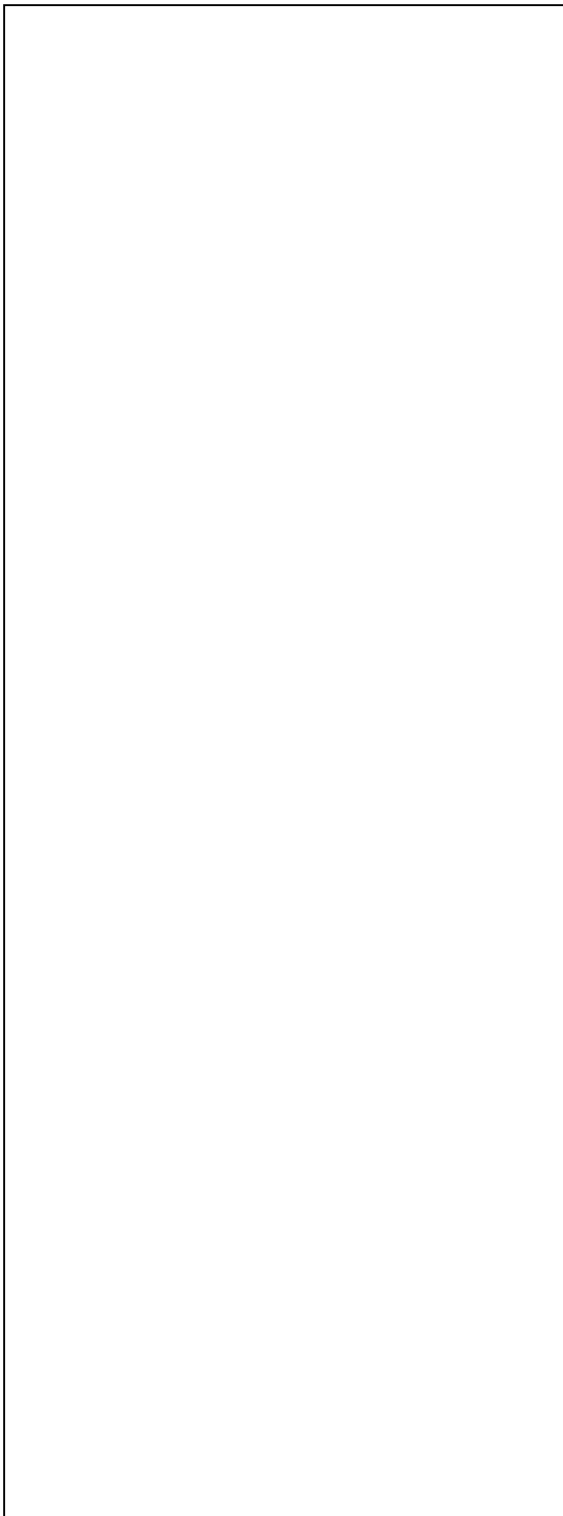
**Sonya Thorn, LCSW** is a Nationally Recognized Nurturing Parenting Program Trainer/Consultant and trains throughout the United States and internationally. She has facilitated several statewide initiatives involved in implementing the evidence-based and trauma-informed Nurturing Parenting Program and ensuring fidelity throughout systems of care.

Sonya is the director of the Family Nurturing Center of Texas and founder/owner of PRAXIS with Integrity Consulting PLLC, where she partners with non-profits state, and government organizations and assess and evaluate systems of care for young children, youth and families.

She conducts professional development, training, and consulting to professionals in the areas of leadership, clinical and reflective supervision, equity and diversity, infant and family engagement in-home family services, family and child assessment, early intervention, and other leadership, family strengthening and child welfare topics.

Sonya holds a Masters Degree in Social Work and is in the dissertation stage of a PhD. However, her greatest achievement continues to be her two sons.

Visit Family Nurturing Center of Texas <https://texasnurturingcenter.org/> for more information.



 **The Nurturing Father's Program**

*"... forget all the books, the tapes, and what your family and relatives have said and take this course."  
- father of 6 & 9 year olds*

## **3-Day Nurturing Father's Program®**

with

**Sonya Thorn, LCSW**  
National Trainer/Consultant  
512.757.0087 or 512.216.6012



**Dates:** **June 12<sup>th</sup>, 13<sup>th</sup>, and 14<sup>th</sup>, 2019**  
9:00 am to 4:00 pm

**Location:** OJA Employment Development Center  
310 12<sup>th</sup> Avenue, N.E.  
Norman, OK 73071

**Local Contact:** Linda Thomas  
[oja.paf@oja.ok.gov](mailto:oja.paf@oja.ok.gov)  
405.530.2883

**Cost:** \$375.00 per person

The Nurturing Father's Program is recognized by the Substance Abuse-Mental Health Services Administration (SAMHSA) and is an evidence based, validated program. NFP is listed on the national registries as an adaptation of *The Nurturing Parenting Programs*

Visit [www.nurturingvalidation.com](http://www.nurturingvalidation.com) for more information.

## The Nurturing Parenting Programs®

The Nurturing Parenting Programs (NPP) are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect. Departments of Social Services, as well as other branches and organizations in the helping professions, have relied upon the Nurturing Programs as a primary parenting program to break the generational cycle of child maltreatment and family dysfunction. Nurturing Fathers Program is a program that branched out based on the research of the NPP.

**The Nurturing Fathers Program** is an evidence-based, 13-week training course designed to teach parenting and nurturing skills to men. Each 2 ½ hour class provides proven, effective skills for healthy family relationships and child development. *NFP has been successfully implemented in Schools, Head Start, Churches, State DSS, Prisons, Halfway Houses, Prevent Child Abuse, Parenting and Counseling Centers, Military, Community Action Agencies and many others. Available in Spanish.*

Current research shows that that participants in the Nurturing Father's Program improved in their understanding of the developmental capabilities of children, improved in ability to demonstrate empathy toward the needs of children, improved in the reported use of alternate strategies to corporal punishment, increased understanding and acceptance of the needs of self and children, and increased in the value placed on children feeling empowered. Additionally, the results suggested overall improvement in parental attitudes and behaviors that were known to contribute to child abuse and neglect."

## Adult-Adolescent Parenting Inventory (AAPI-2.1)

The AAPI-2, a research validated instrument is used for assessing outcomes from the Nurturing Fatherhood program. Founded on five parenting constructs known to lead to abusive parenting, the AAPI provides scores that profile parents at risk for abusing and neglecting children. Visit [assessingparenting.com](http://assessingparenting.com) for more information.

## Topics include:

- The Roots of Fathering
- Self-Nurturing Skills I: Fathering
- "The Little Boy Within"
- Self-Nurturing Skills II: The Power to Meet My Own Needs
- The World of Feelings and Male Nurture
- The Power to Nurture: Fathering without Violence or Fear
- Overcoming Barriers to Nurturing Fathering: Anger, Alcohol and Other Substances, and Stress
- Discipline and Fun & Games
- Play Shop: Fun & Games for Fathers and their Children
- Nurturing Relationships I: Father Sons and Fathering Daughters
- Nurturing Relationships II: Teamwork between Fathers and Spouse or Co-Parent
- A Time and Place for Fathering
- Healing the Father Wound

## Registration For Fatherhood Workshop Norman, OK

### Location:

OJA Employment Development Center  
310 12<sup>th</sup> Avenue, N.E.  
Norman, OK 73071

**June 12<sup>th</sup>, 13<sup>th</sup>, and 14<sup>th</sup>, 2019**

### Register online at:

<https://texasnurturingcenter.org>.

### For more information:

#### Local Contact:

Linda Thomas  
[oja.paf@oja.ok.gov](mailto:oja.paf@oja.ok.gov)  
405.530.2883

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