



Nurturing Parenting Programs

Visit [Family Development Resources](#) website.

Sales and Materials

Family Development Resources, Inc.
800-688-5822; fdr@NurturingParenting.com

Training and Consulting

Family Nurturing Centers Int.™
262-652-6501; fnc@NurturingParenting.com

Assessments

Visit [Assessing Parenting](#) website.

Research and Development

Visit [Nurturing Program Research](#) website.

Visit [Family Nurturing Center of Texas](#) website.



Family Development Resources, Inc. Family Nurturing Centers International

Incorporated in 1983, Family Development Resources, Inc. (FDR) was established by **Dr. Stephen Bavolek**.

About our Trainers



SONYA M. THORN, LCSW is a social entrepreneur, community licensed Clinical Social Worker, and nationally recognized trainer and director of the Family Nurturing Center of Texas. Ms. Thorn is the founder and owner of PRAXIS with Integrity Consulting

PLLC, where she partners with organizations to assess and evaluate systems of care for young children, youth, and families. sonya@texasnurturingcenter.org



JESSICA PRESSWOOD, ESQ. is the founder and owner of Presswood Resolutions, PLLC. She has the privilege to work with high-conflict parents to reduce tension between the parents and provide them with techniques to build an emotionally safe and physically comforting environment for their

children. jessica@presswoodresolutions.com

Benefits of Parent Facilitation & Coordination

Benefits Children by:

- Enhancing the child's confidence and self-esteem by creating an optimal environment for growth
- Reducing the child's symptoms of stress as parental conflict decreases
- Diminishing the child's sense of loyalty binds
- Increasing the likelihood of keeping two active parents in the child's life
- Creating a more relaxed home atmosphere allowing the child to adjust more effectively

Benefits Parents by:

- Educating parents regarding the impact of parental conflict on the child's development
- Teaching parents anger management, communication and conflict resolution skills, and children's issues in divorce
- Working with parents in developing a detailed parenting plan

Benefits Families by:

- Reducing the number of litigated cases
- Communicating to parents that the child(ren) come first
- Offering families a valuable resource
- Providing prompt resolution to daily child-rearing issues
- Monitoring parental compliance with the court orders
- Providing the Court a comprehensive picture of the family "in action" by way of court testimony

Benefits the Legal Community by:

- Decreasing the number of client calls and micromanagement of the difficult case
- Improving client behavior and cooperation
- Providing prompt and consistent resolution
- Monitoring compliance with the court order
- Reducing the number of litigated cases
- Providing prompt resolution to daily child-rearing issues

Nurturing Parenting Programs®



The Family Nurturing Center of Texas Four-Day Training for Parent Facilitators and Parent Coordinators

For licensed professionals working with **high-conflict families** in group, individual, and home-based settings

Presented by:
Sonya Thorn, LCSW and
Jessica Presswood, Attorney

In four intensive days, participants will receive training required by the Texas Family Code Sec. 153.6101 which includes:

- Eight (8) hours of family violence dynamics training; and
- Twenty-four (24) classroom hours of training in the fields of family dynamics, child development and family law; and
- Sixteen (16) hours of training in the laws governing parenting coordination and parenting facilitation and the multiple styles and procedures used in different models of service.

Each participant receives a **Certificate** acknowledging successful completion of the Parent Facilitator/Coordinator Training (40 hours) from the Nurturing Parenting Programs®

CEU/CLE Credits: (40 hours/8 hrs. Ethics) *CLE is pending state bar approval

About Parent Facilitation & Coordination

Parenting Facilitation/Coordination is a child-focused alternative dispute resolution process in which a trained professional in family dynamics and conflict resolution assists high conflict parents to implement their parenting plan by facilitating the resolution of disputes in a timely manner and educating them about their child's needs.

Goals of Parent Facilitator & Coordinator

- Provide parents with skills in collaborative planning and decision making for their children
- Educate parents on co-parenting techniques and issues related to children growing up between two homes.
- Identify sources of conflict between parents and consider ways to address it
- Facilitate communication between the parents and between parents and others who relate to the children—e.g., grandparents, school personnel, and therapists
- Reduce chronic litigation (and preserve family resources)
- Use mediation techniques to deal with specific issues
- Assist parents in compliance with court orders

Benefits of Parent Facilitator/Coordinator Training through the Nurturing Parenting Program

- Implement the evidence-based philosophy of the Nurturing Parenting;
- Apply the five parenting constructs to reduce child abuse/neglect;
- Learn how to assess high-risk parenting beliefs;
- Learn how to gather process evaluation data;
- Learn how to evaluate pre and post program impact through the AAPI-2;
- Learn how to implement individual and group-based models

Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing attitudes and beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, the AAPI provides scores that profile parents at risk for abusing and neglecting children. Forms are available in English and Spanish. For more information, please visit www.aapionline.com.

Register online at:
<https://texasnurturingcenter.org>

Dates: August 6th, 7th, 8th, and 9th, 2019
8:00 am to 6:00 pm

Deadline: Thursday, August 1, 2019

Location: Holiday Inn Austin Airport
6711 East Ben White Blvd.
Austin, Texas 78741
Emily Astor 512.385.8400

Cost: \$725 (includes training materials)
Implementation Curricula and Online
Assessment sold separately.

Request "Family Nurturing Center Block" and reserve hotel rooms 30 days before the training to receive room and breakfast for \$139.00. Must book directly with hotel to get this rate.

Training is from 8:00 a.m. to 6:00 p.m. daily. Morning and afternoon breaks will be provided. Lunch is on your own (working lunch). Hotel reservations and meals are the responsibility of the participant.



Philosophy of the Nurturing Program

This philosophy emphasizes the importance of raising children in a warm, trusting, and caring environment. It is founded on the belief that children who are cared for develop the capacity to trust, care, and respect themselves, others, living creatures, and their environment. This philosophy is founded on 7 principles:

1. **Feelings of attachment:** Attachment is a bond between a parent and their child that conveys deep unconditional love. Children who feel loved unconditionally, exhibit positive communication, trust, and respect naturally.
2. **Empathy:** Empathy is the ability of parents to put themselves in the place of their children in an attempt to feel, think, and understand what their child is feeling, thinking and understanding and respond to the child in a loving and respectful way.
3. **Nurturing Oneself:** Taking time to get one's own needs met as an adult forms the foundation of understanding and helping a child get their needs met.
4. **Gentle Touch:** Research shows that children who experience warm and gentle touch in the form of hugs, pats, and massages develop and maintain healthy relationships throughout their life, as well as a healthy and positive sense of self.
5. **Discipline:** Setting limits through family rules, teaching right from wrong through family morals, and teaching respect and worth through family values, are all part of a nurturing family. Discipline develops best by children modeling their parent's examples.
6. **Expressing Feelings:** Helping children learn appropriate ways to manage and express their feelings is a fundamental characteristic of a nurturing family.
7. **Expectations and Self Worth:** Knowing what to expect of children as they develop plays a significant role in the child's self-worth. Children learn that they are competent people, capable of pleasing others who are important in their lives when the adults in their lives have appropriate expectations.

Who Should Enroll?

PARENT FACILITATOR TRAINING: Licensed Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists, Licensed Psychologists, or Licensed Attorneys in the State of Texas

PARENT COORDINATOR TRAINING: Professionals holding a bachelor's degree in Counseling, Education, Family Studies, Psychology or Social Work; or A Graduate Degree in Mental Health with an emphasis on Family and Children's Issues; or a Licensed Attorney in the State of Texas