

Racism as Trauma



What Helping Professionals Need to Know

Over the past 30 years, educators, child welfare, mental health, criminal justice, and other service professionals have been introduced to the evolving theory of trauma-informed practices. Care tends to focus on facilitating an individual's or family's recovery and resiliency. But what if the very country you live in is traumagenic? This talk explores the 400-year history and impacts of the USA's racial hierarchy, its implications for all Americans, and what helping professionals can do to make a difference.

Who Should Attend: Front-line Workers and Leadership in:

- K-12 Education
- Higher Education
- Child and Family Welfare
- Behavioral/Mental Health
- Criminal Justice
- Medicine and Healthcare

Online Format: This interactive presentation includes videos, guided small group discussions, participant polls, etc. – with a midway stretch break. (Talk followed by optional Q&A.)

Presenters: Fran Kaplan, EdD, MSW and Reggie Jackson of [Nurturing Diversity Partners](#) and Sonya Thorn, MSOL, LCSW of the [Family Nurturing Center of Texas](#).

Reggie Jackson is a much sought-after speaker, award-winning writer and consultant to national media who specializes in sharing stories and facts about the experiences of peoples of color. Dr. Fran Kaplan has spent fifty-five years working for social justice nationally and internationally as an adult educator, social worker, community organizer, and award-winning author and filmmaker.

Sonya M. Thorn is the director of the Family Nurturing Center of Texas and the founder/owner of PRAXIS with Integrity Consulting. Sonya partners with non-profits, state, and government organizations around the country to provide professional staff development and evaluate systems of care for young children, youth, and families.

